

1-to-1 Lesson Policy 2026/27



1-to-1 lessons are an invaluable resource for a fencer and should be taken in addition to your regular training as much as possible. Please see the points below to understand how to book and pay for your 1-to-1 lessons.

- Lessons are booked using the form upon arrival at your training session.
- Lesson slots that have been requested must be paid for, even if you miss your slot.
- Charges and duration for lessons are fixed by Luso International Fencing*.
- Coaches will be allocated to lessons on the night and cannot be specifically requested.
- A time slot will be given for each lesson. Fencers are expected to be present and ready for their lesson at that time. The lesson will end at the allotted time.
- In the case the coaches miss a lesson that has been paid for, the lesson will be given at the next available opportunity.

Lesson type	Charge per lesson	Type of payment
Competition warm-up lesson+	£5.00	Directly to coach (cash)
10 minutes	£10.00	Directly to coach (cash or card)
20 minutes	£15.00	

*if you would like a lesson that is more than 20 minutes, please speak directly to the coaches. Must be booked at least a day in advance.

+only available at competitions and events. Must be booked the week before the event, after coaches confirm their attendance to the event.